## IDENTIFY DESIRED RESULTS

desired?	questions?
What will students understand as a result of <i>this</i> unit?	What "essential" and "unit" questions will focus this unit?

## DETERMINE ACCEPTABLE EVIDENCE

What evidence will show that students understand	d?
Performance Tasks, Projects	
Quizzes, Tests, Academic Prompts	
Other Evidence (e.g. observations, work samples, dialogues)	Student Self-Assessment

## PLAN LEARNING EXPERIENCES AND INSTRUCTION

Given the targeted understandings, other unit goals, and the assessment evidence identified, what knowledge and skill are needed?

Students will need to know	Students will need to be able to
What teaching and learning experience	ces will equip students to demonstrate the target
understandings?	

How will we judge our unit designs?	vely	hat	ally
IDENTIFY DESIRED RESULTS	extensively	somewhat	minimally
To what extent are the targeted understandings	J	<b>3</b> 2	_
<ul> <li>Big ideas (as opposed to basic facts and skills) in need of <i>uncoverage</i>?</li> <li>Specific enough to guide teaching and assessing?</li> <li>Framed by provocative <i>essential</i> and <i>unit</i> questions?</li> </ul>			
DETERMINE ACCEPTABLE EVIDENCE			
To what extend does the assessment evidence provide			
<ul> <li>A valid and reliable measure of the target understandings?</li> <li>Sufficient information to support inferences about <i>each</i> student's understanding?</li> <li>Opportunities for students to exhibit their understandings through authentic performance tasks?</li> </ul>			
PLAN LEARNING EXPERIENCES AND INSTRUCTION			
To what extent will			
<ul> <li>Students know <i>where</i> they're going and <i>why</i> (in terms of unit goals, performance requirements, and evaluative criteria)?</li> <li>Students be <i>engaged</i> in digging into the big ideas of the unit (through inquiry, research, problem solving, and</li> </ul>			
<ul> <li>experimentation)?</li> <li>Students receive explicit instruction on the knowledge and skills needed to <i>equip</i> them for the required performances?</li> </ul>			
• Students have opportunities to <i>rehearse</i> , <i>revise</i> , and <i>refine</i> their work based on feedback?			
<ul> <li>Students self-assess and set goals prior to the conclusion of the unit?</li> </ul>			

## Through which facets will students develop and reveal their understandings?

•_	Explanation. Students develop an illustrated brochure to explain the principles and practice
	of healthy eating to younger students
•	Interpretation
_	
•	Application 1. Students analyze a hypothetical family's diet for nutritional balance. 2.
_	Students develop a menu for meals and snacks for an upcoming three-day trip to the outdoor
_	education camp.
•	Perspective. Students investigate healthy eating from the perspective of different regions
_	and cultures.
•	Empathy. Students modify their eating habits for two days to have a "taste" of the
	experience of people who must restrict their diets because of specific conditions (e.g.,
	diabetes, lactose intolerance, and food allergies).
•	Self-Knowledge. Students reflect on their own eating habits and evaluate the extent to which
_	they are "eating healthy".
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